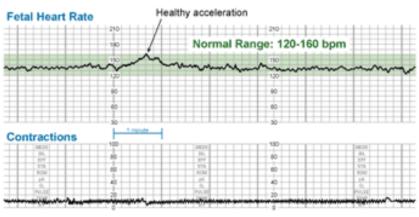
### **Fetal Surveillance**

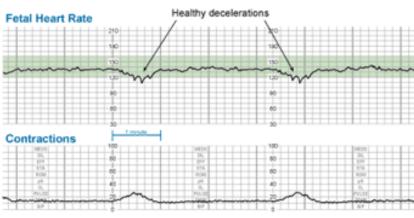
MADE EASY FOR ERPM

### **Fetal Monitor Patterns**



### **Reassuring Pattern**

Baseline fetal heart rate is 120-160, preserved beat-to-beat and long-term variability. Accelerations last for 15 or more seconds above baseline, and peak to 15 or more bpm.



### **Early Deceleration**

The onset and the return of the deceleration coincides with the start and the end of the contraction.

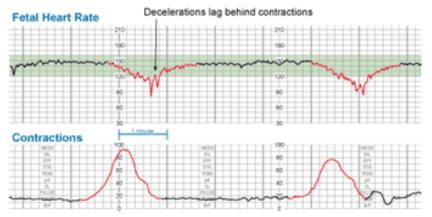
Decelerations are associated with fetal movement, stimulation, and uterine contractions.



### Elevated Heart Rate: Tachycardia

Baseline fetal heart rate is above 160, possible onset of decreased variability.

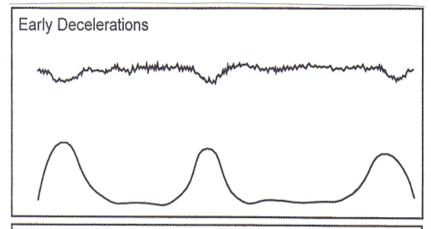
Usually due to fetus lacking nourishing blood supply, or resultant effects of some drugs.

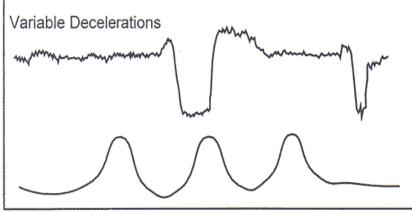


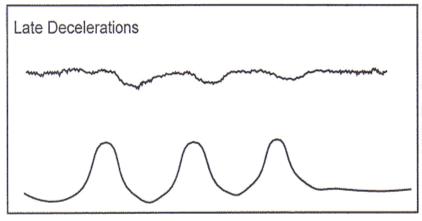
#### Late Deceleration with Preserved Variability

Fetal heart rate returns to baseline AFTER the contraction has ended.

Late decelerations are associated with uteroplacental insufficiency, or decreased uterine bloodflow.







# CTG Signs suggestive of fetal compromise

- Fetal tachycardia ( > 160bpm or steady rise over the course the labor)
- Loss of baseline variability ( < 5bpm )</li>
- Recurrent late decelerations
- Persistent variable decelerations
- Fetal bradycardia ( 100 bpm for more than 3 minutes)

## USS

Biophysical profile	Biometry
<ul> <li>Fetal breathing movements</li> </ul>	• BPD
<ul> <li>Gross movements</li> </ul>	• HC
• Tone	• AC
<ul><li>CTG</li><li>Modified</li><li>biophysical</li></ul>	• FL
• AFI profile	• EFW

## Early scan (11-14 weeks)

- IUP / Ectopic pregnancy
- Live / miscarriage
- Single / multiple pregnancy
- Accurate estimation of POA CRL
- Gross fetal abnormality
- Uterine anomalies
- Extra uterine anomalies
- Chorionocity
- Nuchal translucency



## Anomaly Scan (18 – 22 weeks)

- Detailed fetal abnormalities
- Location of placenta
- Estimation of AFI
- If dating scan not done
  - Estimation of POA by using serial BPD, HC
  - Identify multiple pregnancy



## Doppler Scan

Uterine artery Doppler

Umbilical artery Doppler

