**«Video theme videos multimedia and interactive presentations, health bulletins memo posters lectures booklets and other»**

1. Abortions and its consequences.
2. Active longevity as the goal of creating a healthy lifestyle.
3. An active lifestyle as a factor in physical and psychological health.
4. Alcohol is the enemy of health of work and life.
5. Animal therapy dolphin therapy, hippotherapy and their influence on different categories of the population.
6. Apitherapy as a method of applying beekeeping in human life.
7. Arterial hypertension as a factor resolving the demographic situation in the country.
8. Atherosclerosis and its prevention.
9. Take care of your teeth! Prevention of dental diseases.
10. Biologically active additives and their effect on the human body.
11. Beneficial effect of a sauna (bath) on a person.
12. Diseases of the endocrine system and their prevention.
13. Is vaping a safe alternative to cigarettes!?
14. HIV/AIDS.
15. The effect of geomagnetic days on people’s health.
16. External and internal human health resources.
17. Human exposure to music and color therapy.
18. The revival of the authority of the family and family values as a factor of improvement and cubcequent demogrophic growth of reproduction in a population.
19. The upbringing of a healthy child as the basis of the healthy lifestyle of an adult.
20. Identification of the main psychological and pedagogical factors that negatively affect the health of students.
21. Hygiene of physical and mental labor.
22. Physical inactivity, hypokinetic as risk factors.
23. Flu and other acute respiratory viral infections.
24. Depression – a global threat to humanity.
25. Pediatric drug (addiction) and their effects.
26. Children’s alcoholism and its consequences.
27. Diet: benefit or harm!?
28. At home, first aid kit.
29. Donation is everyone’s social duty.
30. Hardening as a factor in increasing stress resistance of the body.
31. Defenses of the human body.
32. A healthy lifestyle and its main components and ways of formation.
33. Human health as a public value.
34. Healthy spine.
35. The value of biological rhythms in people’s lives.
36. Acupuncture as a key component in Chinese medicine.
37. Overweight and its effect on the human body.
38. Individual prevention of foot mycoses.
39. Stroke as the most important factor in the premature mortality of the population.
40. Myocardial infarction as a leading factor in premature mortality.
41. Sexually transmitted infections as a threat to the reproductive health of the рopulation.
42. Coronary heart diseases and its prevention.
43. Yoga and its positive energy for the human body.
44. Intestinal infections and their prevention.
45. Skin as a protective biomedical barrier and care for it.
46. Computer and its impact on human health. Internet addiction.
47. Is smoking more expensive than you think!?
48. Medicine - is not a toy.
49. Meditation and its healing power.
50. Trace elements and their role in shaping health.
51. Drug addiction and their tragic consequences.
52. New coronary viral pneumonia (Covid-19) and practical measures to prevent it.
53. Features of student health.
54. Environmental protection.
55. Parasitic diseases and their prevention (helminthiasis, scabies, fungal mycoses and more).
56. First aid for acute cardiovascular diseases.
57. First aid for injuries and accidents.
58. Drinking water and human health.
59. Pros and cons of self-medication.
60. The benefits of breast milk.
61. Preventive measures to prevent a decrease in visual acuity.
62. Prevention of diseases of the musculoskeletal system.
63. Prevention of diseases of pregnant women.
64. Natural factors and human health.
65. The problems of sexual education in the formation of a healthy lifestyle.
66. The impact of Hard labor and stressful accupations on people health.
67. Prevention of diseases of genitourinary system.
68. Prevention of gender inequality.
69. Prevention and prevention of domestic violence.
70. Prevention of violence against children (types, forms, overcoming the consequences).
71. Cancer prevention.
72. Relationship psychohygiene.
73. Good nutrition and health.
74. The rational regime of work and rest as a modulator of high working capacity and health.
75. Recommendations of the prevention of myopia.
76. Technological advancements in reproduction in the 21st Century.
77. The role of vaccination in the prevention of infection diseases.
78. The role of medical examination in maintaining and strengthening public health.
79. The role of genetics in human health.
80. Spa treatment as a from of recovery.
81. Diabetes as a medical and social problem.
82. Mortality of men of working age in the Republic of Belarus.
83. Complance with safety regulations as a basis for occupational injury prevention.
84. Keep your world clean.
85. Save your life
86. Ways to actively evercome stressful and distressful situations.
87. Injuries as a medical and social problem.
88. Labor, life, rest and health.
89. Travel as a powerful mean of relaxation.
90. Tuberculosis as a medical and social problem.
91. Time management (organization of personal time).
92. Urbanization and health.
93. Chernobyl lessons: radiation life health.
94. Physical harmony and social psychological balance.
95. Physical education sports outdoor activities and health.
96. Formation of a healthy lifestyle among students.
97. The healing properties of phyto-, aromatherapy and homeopathy.
98. Shopping and its impact on the emotional state of a person.
99. Exam session without stress.
100. Emotional burnout as a special mental state (causes, signs, help, prevention).

Зав. кафедрой общественного здоровья

и здравоохранения с курсом ФПК и ПК,

доктор медицинских наук, профессор В. С. Глушанко